



RACE WEEKEND SCHEDULE (UPDATED SEPTEMBER 12, 2018)

Sunrise/Sunset: 6:50am/6:35pm Average Temperature: 5°/17°

FRIDAY, SEPTEMBER 28, 2018	
12pm-8pm	RACE PACKAGE PICK UP Hyde Mountain Golf Resort 9851 Old Spallumcheen Road, Sicamous BC *DROP BAGS MUST BE DROPPED OFF – they will not be accepted on Race Day
SATURDAY, SEPTEMBER 29, 2018	
5:45am	OVERFLOW PARKING OPEN near Klahani Park *There is NO parking for racers, volunteers & spectators at Klahani Park *There will be signage directing you to overflow parking approx. 100 meters from Klahani Park *ABSOLUTELY NO parking on the road *No vehicles are to be left running in the overflow parking area (potential fire hazard & British Columbia has a strict no idle policy) *No vehicles are to be left overnight & the lot will be locked at 9pm
6:15am	BUS SOLOIST(S) & LEG 1 RUNNER(S) from Klahani Park to Hyde Mountain Resort *Pick up location @ Klahani Park will have signage *Buses will be leaving within minutes of each other; don't be late! * Water devices should be filled & ready – there is no water station at Hyde Mountain Golf Resort (please be race ready & do not expect to fill up @ the start line) *Estimated arrival time at Hyde Mountain Resort is 7am *If warranted, 1 bus will complete another trip to pick up remaining runners
7am	CHECK IN *Soloist & Leg 1 Relay runners are required to Check In race day morning *There will be signage directing you where to Check In *We will follow up with runners that have NOT Checked In & have picked up their Race Package * Check In will be open until Pre-Race Racer Mtg (approx. 7:45-7:50am)
7am	OVERFLOW PARKING OPEN at Hyde Mountain Golf Resort *There will be volunteers directing you where to park *No vehicles are to be left running in the overflow parking area (potential fire hazard & British Columbia has a strict no idle policy) *No vehicles are to be left for the day
7am	BREAKFAST! *Numerous breakfast items will be available for purchase @ Hyde Mountain Golf Resort including hot breakfast sandwiches (\$6.50 plus tax) coffee, muffins, bottled juices, etc.
7:30am	ROAD/LANE CLOSURE *Old Spallumcheen Road leading into Hyde Mountain Golf Resort will go down to one lane (approx. 900 meters) & will remain in effect until all runners pass through (approx. 8:30am)
7:30am	BUS LEG 2 RUNNER(S) from Klahani Park to Check In/Aid Station #1 *Pick up location @ Klahani Park will have signage *Buses will be leaving within minutes of each other; don't be late! * DRESS WARM, WEAR LAYERS & BRING SNACKS to stay comfortable & energized while you wait for your relay runner (your runner can take your extra layers, garbage, etc when you switch off) *Please have all your race gear, hydration, etc ready to go * Water devices should be filled & ready – please do not expect to fill up @ Aid prior to your Leg *Runners will walk approx 200 meters to get to Check In/Aid Station #1 *Estimated arrival time at Check In/Aid Station #1 is 8:30am <i>Note: Buses will wait at Check In/Aid Station #1 until runners have come through to be taken down the mountain. You are welcome to wait in the bus if you know when to expect your runner or you can make your way to cheer on other runners as they come through while waiting for your runner</i>



7:50am	<p>START LINE PRE-RACE RACER MEETING at Hyde Mountain Golf Resort</p> <p>*Updates on course conditions, cautions/reminders & weather (this information will also be available at Race Package Pick Up as not all runners are able to attend)</p>
7:55am	<p>PRAYER/BLESSING (Splatsin First Nation)</p> <p>*A portion of Leg 1 runs through private Splatsin First Nation land & they will be joining us to celebrate & help send runners on their way!</p>
8am	<p>RACE BEGINS!</p> <p>*Deep breath, forward is forward & take in all the moments – the day is yours!</p> <p><i>Note: race start time may be delayed if issues with environmental setbacks, busing, road closure, etc.</i></p>
10am	<p>BUS LEG 3 RUNNER(S) from Klahani Park to Check In/Aid Station #2</p> <p>*Pick up location @ Klahani Park will have signage</p> <p>*Buses will be leaving within minutes of each other; don't be late!</p> <p>*DRESS WARM, WEAR LAYERS & BRING SNACKS to stay comfortable & energized while you wait for your relay runner (your runner can take your extra layers, garbage, etc when you switch off)</p> <p>*Please have all your race gear, hydration, etc ready to go</p> <p>*Water devices should be filled & ready – please do not expect to fill up @ Aid prior to your Leg</p> <p>*There is shelter & out house (porta potty) at Check In/Aid Station #2</p> <p>*Estimated arrival time at Check In/Aid Station #2 is 11am</p> <p><i>Note: One bus will be on location and/or coming & going until the sweeps come through.</i></p>
11am	<p>BUS LEG 4 RUNNER(S) from Klahani Park to Check In/Aid Station #3</p> <p>*Pick up location @ Klahani Park will have signage</p> <p>*Buses will be leaving within minutes of each other; don't be late!</p> <p>*DRESS WARM, WEAR LAYERS & BRING SNACKS to stay comfortable & energized while you wait for your relay runner (your runner can take your extra layers, garbage, etc when you switch off)</p> <p>*Please have all your race gear, hydration, etc ready to go</p> <p>*Water devices should be filled & ready – please do not expect to fill up @ Aid prior to your Leg</p> <p>*There is shelter & washrooms at Check In/Aid Station #3</p> <p>*Estimated arrival time at Check In/Aid Station #3 is 11:45pm</p> <p><i>Note: One bus will be on location and/or coming & going until the sweep comes through.</i></p>
12pm	<p>KICK OFF FINISH LINE FESTIVITIES & BBQ at Klahani Park</p>
2-3pm	<p>TOP FINISHER AWARDS</p>
3pm	<p>CUT OFF (All runners must leave Check In/Aid Station #2 [Cec's Cabin])</p> <p>*This is a strict cut off & will be enforced</p>
4pm	<p>DROP BAGS AVAILABLE FOR PICK UP at Klahani Park (finish line)</p> <p>*Drop bags will be available for pick up near Race Headquarters</p> <p><i>Note: The Lewiston Ultra Inc. is not responsible for lost, stolen or misplaced items</i></p>